



For review: January 2020

Simple Dressings and Accessories Formulary 2017

The items listed in this document are those that are not currently covered by the East Region Formulary.

A separate document covering compression bandaging products for NHS Fife is also available.

For all other items please see the main Wound Care chapter of the East Region Formulary.

Developed by the NHS Fife Wound and Skin Care Forum (WSCF) Group

Area Drugs Therapeutics Committee Simple Dressings and Accessories Formulary 2017

Contents

Introduction Disclaimer Acknowledgements	3 3 3
Monographs for Dressings Non Compression Bandaging Crepe - PremierBand (Cotton stretch) Retention Bandage - Reliform, PremierBand. Elasticated Tubular Bandage - Blue Dot, Clinigrip, Tubigrip Lightweight Tubular Bandage - Clinifast Orthopaedic Wadding - Softban, Ultrasoft	5 5 6 6 7
Wound Closure Strips - Aerowound Simple Dressings	8
Semi Permeable Adhesive Film - 365 Film Semi Permeable Adhesive Film - Low Moisture with Integral Pad - Transparent Island Semi Permeable Adhesive Film - High Moisture with Integral Pad - Leukomed T Plus Non Woven Adhesive Dressing with Integral Pad - 365 Non Woven Island Non Woven Semi Permeable Dressing with Integral Pad - Premierpore VP Low Adherent Absorbent Dressing – Non Adhesive - 365 Non Adherent Pulp Filled Dressing - Premierpad	10 11 12 12 13 13
Absorbent Cotton - Balls, Hospital Quality, Gamgee Hot and Cold Packs Medical Adhesive Remover- Wipes, Solution Swabs - Sterile, Non Sterile, Pre-injection Triangular Calico Bandage Tubular Stockinette - Non Elasticated, Tube Net, Ribbed	14 14 14 14 14
Conversion chart	15

Introduction

This guide has been developed in conjunction with the 2017 Wound Formulary and Wound Management Guidelines and it is anticipated that the utilisation of these tools will lead to the following advantages:

- Facilitation of best practice
- Standardisation of use of products
- Price Effectiveness
- Reduction of Waste

It is understood that there are occasions when products which are not on formulary are required. If this is the case then an 'Exception Form' should be completed (available on the ADTC website http://www.fifeadtc.scot.nhs.uk/formulary/woundcare-formulary/woundcare-catheter-product-request-and-exception-form.aspx) and sent to the Prescribing Support Nurse Team (Fife-UHB.Fifeprescribingsupportnurse@nhs.net).

N.B All items marked ADC only can be ordered on the PECOS Online Ordering System

Disclaimer

Guideline users should be mindful that, as with any clinical guideline, recommendations may not be appropriate for use in all circumstances. Clearly, a limitation of any guideline is that it simplifies clinical decision making processes and recommendations.

Decisions to adopt any particular recommendations must be made by the practitioner in the light of available resources, local services, policies and protocols. The particular patient's circumstances and wishes, available personnel and equipment, clinical experience of the practitioner and knowledge of more recent research findings must all be considered and decisions must be clearly documented in the patient's notes.

Acknowledgements

The NHS Fife Wound and Skin Care Forum would like to acknowledge the contribution of both Fife Health and Social Care Partnership and NHS Fife Acute Services Division staff in the development of these Guidelines.

NHS Fife Wound and Skin Care Forum (WSCF) Guideline Group

NAME	POSITION
Jane Nicoll	Lead Tissue Viability Nurse, ASD (Chairperson)
Anne Barns	District Charge Nurse, Path House, Kirkcaldy
Andy Cameron	Senior Procurement Officer
Julia Chalmers	District Charge Nurse, Balmullo Health Centre
Lynn Coyne	Plastic Surgery Specialist Nurse, ASD
Antonia De Angelis	Tissue Viability Nurse, ASD and Community
Katrina Deas	Clinical Practice Development Officer
Fiona Dick	Charge Nurse, Ward 13 VHK
Kevin Finnegan	Assistant Procurement Administrator
Fiona Graham	Highly Specialist Podiatrist
Tanya Hardy	Senior Staff Nurse, Plastic Surgery, ASD
Joanne Koczubik	Plastic Surgery Nurse, ASD
Deborah McCallum	Clinical Nurse Practitioner, Plastic Surgery, ASD

Area Drugs Therapeutics Committee Simple Dressings and Accessories Formulary 2017

Heather McKellar	Senior Charge Nurse in OPD, Adamson Hospital
Gillian Meldrum	Highly Specialist Podiatrist
Gillian Preston	Tissue Viability Nurse, ASD
Leesa Radcliffe	Community Tissue Viability Nurse, West Fife
Yvonne Robson	Senior Charge Nurse, OPD, QMH
Susan Roemmele	Staff Nurse, Dermatology Department, QMH
Islay Roy	Plastic Surgery Nurse, ASD
Lesley Shiels	Tissue Viability Nurse, Community East Fife
Mary Thomson	Senior Prescribing Support Nurse
Caroline Turnbull	Plastic Surgery Nurse, ASD
Catherine Ward	Staff Nurse, Ward 10 VHK
Karen Whatton	Senior Prescribing Support Nurse
Anne Wilson	Vascular Nurse and Senior Prescribing Support Nurse

Non Compression Bandaging

Crepe

Premierband® (Cotton Stretch) –ADC and Prescribing

Description

Light support bandage Type 2 BP. 100% cotton

Indications

Support for soft tissue injuries

	Bandage Size (Pack size)	Drug Tariff Price — Jan 2017 (Each)
Premierband® Cotton Stretch	5cmx4.5m (12)	£0.45
(Shermond)	7.5cmx4.5m (12)	£0.63
	10cmx4.5m (12)	£0.79
	15cmx4.5m (6)	£1.18

Retention Bandage

Reliform® (ADC only)

Premierband® Polyaminde and cellulose contour bandage (prescribing only)

Description

Soft, lightweight, conformable. 100% cotton retention bandage.

Indications

For securing dressings.

	Bandage Size (Pack size)	Drug Tariff Price – Jan 2017(Each)
Reliform®	5cm (10)	ADC only
(Reliance)	7.5cm(10)	
	10cm(10)	
	15cm(10)	
Premierband® (Shermond)	5cmx4m	£0.12
polyaminde & cellulose contour	7.5cmx4m	£0.14
bandage	10cmx4m	£0.17
	15cmx4m	£0.25

Elasticated Tubular Bandage

Blue Dot®-ADC only Clinigrip®- Prescribing only Tubigrip®-ADC only

Description

Natural coloured, cotton blend, elasticated tubular bandage.

Indications

For muscle strains, sprains & joints - use as double layer of bandage.

	Bandage Size	Drug Tariff Price – Jan 2017 (Each)
Blue Dot®	B (6.25cm wide)	ADC only
(Crest)	C (6.75cm wide)	
	D (7.5cm wide)	
	E (8.75cm wide)	
	F (10cm wide)	
	G (12cm wide)	
	10 metre lengths	
Clinigrip	B (6.25cm wide)	£1.10
(Clinisupplies)	C (6.75cm wide)	£1.17
Available in 0.5m and 1m lengths	D (7.5cm wide)	£1.19
	E (8.75cm wide)	£1.26
	F (10cm wide)	£1.26
	G (12cm wide)	£1.47
Tubigrip	K	ADC only
(Molnlycke)	L	

Lightweight Elastic Surgical Tubular Stockinette

Clinifast®- ADC and Prescribing

Description

Elasticated viscose stockinette

Indications

Dressing retention, wet and dry wrapping.

	Bandage Size	Drug Tariff Price – Jan 2017
Clinifast	Red (3.5cm wide)	£0.56
(Clinisupplies)	Green (5cm wide)	£0.58
Available in 1,3,5m on SDT	Blue (7.5cm wide)	£0.77
10m in ADC	Yellow (10.75cm wide)	£1.20
	Beige (17.5cm wide)	£1.83

Orthopaedic Wadding

1st choice: Softban Natural/Synthetic- ADC only

2nd choice: Lantor- ADC only

1st choice: *UltraSoft- Prescribing only* 2nd choice: *K-Soft- Prescribing only*

Description

Softban Natural - soft, natural viscose, protective orthopaedic padding. Softban Eco- synthetic, protective orthopaedic padding.

Indications

Used to reduce the effects of compression bandages or orthopaedic casting materials on the skin. May also be use to reshape the leg around the calf and ankle, to ensure correct pressure are achieved when applying multilayer compression and to protect the bony prominences.

	Size (2.75m lengths) (Pack Size)	Drug Tariff Price - Jan 2017 (Each)
Natural	•	-
Softban Natural (BSN)	10cm(12)	ADC only
	15cm(12)	
Synthetic		
Softban Eco (BSN)	7.5cm(12)	ADC only
	10cm(12)	
	15cm(12)	
For Prescribing only		
Ultra Soft (Robinsons)	10cm x 3.5m	£0.39

Wound Closure Strips

1st choice: Aerowound®-ADC only 2nd choice: 365 Strips®-ADC only

Description

Sterile, single use, breathable, hypoallergenic adhesive wound skin closures.

Made of a conformable reinforced micro porous, non-woven material that supports the skin and assists wound closure.

Indications

Superficial cuts and lacerations where wound edges can be approximated.

Contraindications and Advice

Do not use on patients with a known sensitivity to components.

Do not stretch or apply strips under tension as blistering may occur as the wound swells.

Method of Use

Clean wound, as per local protocols, to ensure it is free from grit or foreign bodies.

Ensure the application area is clean and dry.

Open sterile pouch.

Bend and remove the end of perforated backing card to improve ease of application.

Remove strip from card using sterile forceps or gloved hand.

Place the first strip centrally to align the wound, 90 degrees to the wound direction.

Anchor one end of the strip and approximate the wound edges.

Fixate the strip across the wound and apply gentle pressure to ensure adhesion.

Apply the strips approximately 3mm apart.

For additional security 2 secondary Strips can be placed parallel to the wound to anchor the primary strips in position.

Removal Instructions

Where additional anchor strips have been used remove these first.

Gently lift the end of the strips.

Pull back strips slowly and gently in order to minimise damage to the epidermis.

Support the skin with a finger as the strips are removed from the area directly above the laceration.

	Size(Pack Size)	Drug Tariff Price – Jan 2017 (Each)
Aerowound	75x3mm, 38x6mm,	ADC only
(Aero)	102x13mm,	
	76x6mm,102x6mm,	
365 Strips	102x13mm(50),	
(365)	72x3mm(50)	
	75x6mm (50)	

Simple Dressings

Semi Permeable Adhesive Films

1st choice: 365 Film®- ADC and Prescribing

2nd choice: Mepore Film®

Description

Sterile, latex free, self adherent, transparent film wound dressing. Semi-permeable polyurethane film membrane coated with hypoallergenic acrylic adhesive.

Indications

- 1. Primary contact layer for superficial epithelialising wounds.
- 2. Skin protection
- 3. Secondary retention dressing
- 4. Securing catheters and cannulae

Method of Use

Application technique:

- 1. Peel paper liner from paper framed dressing, exposing adhesive surface.
- 2. Apply dressing to site
- 3. Remove paper frame. Smooth dressing edges to increase adhesion.

Removal technique:

- 1. Place hand on dressing. With the other hand firmly grasp one corner. Pull dressing in direction of hair growth.
- 2. Relax dressing, release if desired.
- 3. Continue the stretch and relax sequence until entire dressing is removed.

	Dressing Size	Drug Tariff Price — Jan 2017 (Each)
365 Film	6x7cm (100)	£0.07
(365)	10cmx12cm (50)	£0.16
	15x20cm (30)	£0.38

Semi-Permeable Adhesive Film - Low Moisture with Integral Pad

1st choice: 365 Transparent Island-ADC and Prescribing

2nd choice: C-View Post Op

Description

Sterile, self-adhesive, transparent film wound dressing incorporating an absorbent, non-adherent pad. Latex free, semi-permeable polyurethane film membrane which is coated with hypoallergenic acrylic adhesive. Breathable, allowing oxygen and moisture vapour exchange. Shower proof and impermeable to liquids, bacteria, and viruses.

Indications

Acute wounds with low levels of exudate.

Method of Use

Application:

- 1. Peel the two white paper liners from the dressing to expose the absorbent pad and adhesive border.
- 2. Position the absorbent dressing pad centrally over the wound.
- 3. Gently press down the adhesive border onto the skin.
- 4. As indicated by the blue arrows remover the transparent release film on the back of the dressing from the centre outwards.
- 5. Smooth the entire dressing from the centre toward the edges using gentle pressure to enhance adhesion.

Removal:

- 1. Gently peel and lift one corner of the dressing from the skin.
- 2. Support the skin whilst peeling the dressing off by stretching the film horizontally (not vertically) and in the direction of hair growth.
 - Care should be taken to avoid skin damage with repeated applications, or on patients with fragile skin.

	Dressing Size (Pack size)		Drug Tariff Price — Jan 2017 (Each)
365 Transparent Island®	ADC Sizes	SDT sizes	
(365)	5x7cm	5x7.2cm(50)	£0.05
	9x10cm	8.5x9.5cm(50)	£0.11
	9x15cm	8.5x15.5cm(50)	£0.15
	9x20cm	20x10cm(50)	£0.21
	9x25cm	10x20cm(50)	£0.26
		10x30cm(50)	£0.27

Semi-Permeable Adhesive Film - High Moisture with Integral Pad

1st choice: Leukomed T Plus –ADC and Prescribing

2nd choice: Opsite Post-Op

Description

Sterilized and individually sealed.

- Transparent polyurethane film of is waterproof and bacteria proof and permeable to water vapour and oxygen.
- A non-adherent layer of the wound pad prevents from sticking to the wound.
- Highly absorbent wound pad

Indications

- Following surgical intervention
- · After injuries, e.g. cuts and grazes
- For protecting wounds

Method of Use

Dressing Application:

- 1. Hold the wound dressing at the red handling tape. Then remove the top layer of release paper.
- 2. Using the handling tape, the transparent wound dressing can be applied accurately to the wound. Now remove the second layer of release paper.
- 3. Carefully press the transparent film onto the skin, especially around the edges. Full skin contact ensures that the dressing is waterproof and a bacterial barrier.
- 4. Now remove the application film in one go using the red handling tape.

Dressing Removal:

To remove, pull off the film dressing evenly using one of the edges.

	Dressing Size(Pack Size)	Drug Tariff Price – Jan 2017(Each)
Leukomed T Plus®	7.2x5cm(50)	£0.27
(BSN)	8x10cm(50)	£0.54
	8x15cm(50)	£0.82
	12x10cm (ADC only)	-
	10x20cm(50)	£1.36
	10x25cm(50)	£1.53
	10x30cm(50)	£2.56
	10x35cm(50)	£3.11

Non Woven Adhesive Dressing with Integral Pad

1st choice: 365 Non Woven Island -ADC and Prescribing

2nd choice: Mediline Bordered Gauze

Description

Breathable, non woven backing adhesive dressing with an absorbent, non-adherent pad. Hypoallergenic adhesive

Indications

- 1. On post operative wounds.
- 2. For management of cuts and lacerations.
- 3. For wounds with low to moderate exudate.
- 4. Can be used as a primary dressing for clean wounds and where protection is required and as a secondary dressing with hydrogels, hydrofibres and alginates.

Method of Use

Dressing Application:

- 1. Remove backing paper
- 2. Apply the non woven dressing to the wound
- 3. Firmly affix

	Dressing Size	Drug Tariff Price – Jan 2017(Each)
365 Non Woven®	5x7cm (50)	£0.03
(365)	10x10cm (50)	£0.06
	10x15cm (50)	£0.09
	20x10cm (50)	£0.12
	10x25cm (50)	£0.14
	10x30cm(50)(ADC only)	-
	10x35cm(50)(ADC only)	-

Non Woven Semi Permeable Dressing with Integral Pad Premierepore VP®- ADC and Prescribing

Description

Self adhesive absorbent waterproof island dressing. It is a one way stretch water repellent, non-woven dressing with a latex free SIS acrylic adhesive. Wound pad is covered with a low adherent film to enable easy removal. The vapour permeable Polyurethane film coating protects the wound when showering. It also increases pad absorbency and prevents strikethrough.

Indications

For use on wounds with low or moderate levels of exudate, including post-operative wounds.

Method of Use

Dressing Application:

- 1. Remove backing paper
- 2. Apply the non woven dressing to the wound
- 3. Firmly affix
- 4. Do not stretch dressing when applying.

	Dressing Size	Drug Tariff Price – Jan 2017 (Each)
Premierepore V P®	5x7cm(50)	£0.13
(Shermond)	10x10cm(50)	£0.16
	10x15cm(50)	£0.24
	10x30cm(50)	£0.57

Low Adherent Absorbent Dressing - Non Adhesive

1st choice: 365 Non Adherent®-ADC and Prescribing

2nd choice: Steropad®

Description

Low adherent, highly absorbent dressing with cushioned protection. Secondary dressing required.

Indications

For post-operative wounds, cuts and lacerations.

	Dressing Size(Pack Size)	Drug Tariff Price —Jan2017(Each)
365 Non Adherent®	5x5cm(100)	£0.03
	10x10cm(50)	£0.09
	10x20cm(25)	£0.17

Pulp Filled Dressing

Premierpad®-ADC and Prescribing

Description

Non woven lined material and highly absorbent cellulose wadding.

Indications:

Suitable for a range of wound care settings where high, evenly distributed fluid absorption is required.

	Dressing Size (Pack Size)	Drug Tariff Price — Jan 2017 (Each)
Premierpad®	20cmx10cm(25)	£0.18
(Shermond)	20cmx20cm(12)	£0.25
	20xcmx40cm(12)ADC only	-

SUNDRIES

Absorbent Cotton

Туре	Size	Product	Company	SDT price Jan 2017
Cotton Balls	Pack of 200	-	Robinsons	ADC only
Absorbent Cotton-Hospital Quality	500gm	-	Robinsons	£3.83
Gauze and Cotton Tissue	500gm	Gamgee – Pink Label	Synergy	£5.45

Hot and Cold Packs

Туре	Product	Company	
Hot/Cold Compression Gel Pack	Reliance	Reliance	ADC only (single packs)
Cold Pack –Instant	Aeroplast	Aero	ADC only (single packs)

Medical Adhesive Remover

Туре	Size	Product	Company	SDT price Jan 2017
Wipes	Pack of 30	WipeAway	Salts Healthcare	£8.99
Solution	5ml pack of 20	Appeel	Clinimed	ADC only

Swabs

Туре	Size	Product	Company	SDT price Jan 2017
Non Sterile	5x5cm, 7.5x7.5cm	-	Shermond	ADC only
4 ply Spec 28	10x10cm			£0.84
	(Packs of 200)			
Sterile				
4 ply Spec 28	7.5 x 7.5cm(pack of 5xbox of 25 packs)	-	Shermond	£0.27
Green BP 12 ply	10x10cm (Pack of 100)	-	МеСоВо	ADC only
Pre Injection	(Pack of 100)	Alcotip	Shermond	ADC only

Triangular Calico Bandage

Type	Size	Product	Company	
Triangular Woven	90cm x 127cm	Blue Dot	Crest	ADC only(single packs)
Triangular Non Woven	90cm x 127cm	Aeroband	Aero	ADC only(single packs)

Tubular Stockinette

Туре	Product	Size	Company	
Surgical Tube Non Elasticated	Comfinette™	34 (4.5cm)	Synergy	ADC only
Tube Net Stockinette	Surgifix™	5.5 (25m), 6 (25m)	Shermond	ADC only
Ribbed Stockinette Non Elasticated	Bastos Viegas™	5cm,10cm,30cm	IMS	ADC only

SECONDARY DRESSINGS – CONVERSION CHART

PRODUCT GROUP	FIRST CHOICE	SECOND CHOICE		EXAMPLES OF NON	FOMULARY PRODUCT	S
Non Woven	Finepore™ 1 st choic	e ADC	Blue Dot™	Micropore™	Scanpore™	Mediplast™
Permeable Tape	Clinipore [™] 1 st choice for prescribers		Transpore™	Chemipore™	Leukofix™	Leukopore™
Soft Cloth Non Woven	Softpore™ 1 st choice ADC		Blue Dot™	Chemifix™	Mefix™	Hypafix™
Synthetic Adhesive	Primafix ™ 1 st choice	e for prescribers				
Таре		-				
Zinc Oxide Tape	Betaplast™- ADC	Steroplast™- ADC	Blue Dot™	Mediplast™		
	Strappal™- for					
	prescribers					
Crepe Bandage	Premierband™ Cotto	on Stretch	Hospiform™	Easifix™Crinx	Hospicrepe™	Elastocrepe
			Flexocrepe™			
Retention Bandage	Reliform™ 1 st choice	for ADC	Actiwrap™	Easifix™	Slinky™	Stayform™
	Premierband™ polya	amide and cellulose				
	contour bandage— 1st choice for		K-Band™			
	prescribers					
Lightweight Tubular	Clinifast™		Comfifast™	Tubifast™	Easifast™	Actifast™
Stockinette			Flexifast™	Coverflex™	Fortuna™East	
Elasticated Tubular	Blue Dot™ -1 st choic	e ADC	Comfigrip™	Tubigrip™	Eesiban™	easiGrip™
	Clinigrip™ 1 st choice	for prescribers				
	Tubigrip™(sizes K &	L Only) - ADC				
Non Woven Adhesive	365™ Non Woven	Medline™	Preimerpore™	Mepore™	Cosmopor™ E	Medisafe™
Dressing with pad	Island	Bordered Gauze	Softpore™	Leukomed™	Medipore™	Primapore™
			Sterifix™	Telfa™ Island		
Vapour Permeable	365™ Film	Mepore™ Film	Tegaderm™	C-View ™	Mepitel™ Film	Protectfilm™
Adhesive Films			Bioclusive	ClearFilm™	Hypafix™	Superasorb™ F
			Opsite Flexigrid™	Hydrofilm™	Leukomed™T	
Semi Permeable	365™ Transparent	C-View Post-Op™	Tegaderm™ + pad	Premierfilm™Plus	Premierpore™VP	Opsite™Plus
Adhesive Film – low	Island		Pharmapore™PU			
moisture with pad						
Semi Permeable	Leukomed™ TPlus	Opsite™ Post-Op	Mepore™Ultra	Hydrofilm™	Tegaderm™ + pad	Healthguard™Film+
Adhesive Film – high						
moisture						

Area Drugs Therapeutics Committee Simple Dressings and Accessories Formulary 2017

Non Woven semi-	Premierpore™ VP		Mepore™Ultra	Tegaderm™+Pad	Premierfilm™Plus	Opsite™Plus
permeable with pad						
Low Adherent	365™ non adherent	Steropad™	Absopad™	Melolin™	Askina™ Pad	Skintact
Absorbent dressing			Telfa™	Telfa™AMD	Solvaline™	
Non Adhesive						
Sterile Pulp Filled	Premierpad™		Drisorb™	Xupad™		
Dressing						