



East Region Formulary



Summary of updates to Lothian Joint Formulary (LJF) and East Region Formulary (ERF) website.

The purpose of this summary is to detail the main changes to the ERF/LJF sections. The website chapters should be referred to for full details.

All of the amendments detailed appear on the new website platform which can be found here: formulary.nhs.scot/east/.

Note that the formulary recommendations on the new website platform for the East Region Formulary are currently Lothian recommendations only. For users in Fife go to the [Fife Formulary website](#). For users in Borders go to the [NHS Borders and East Region Formulary website](#).

TIPS: See the 'History Notes' for a brief description of the change and the date of the change, as in the example below.

A Treatment of pain in palliative care

Prescribing Notes:

- The [National Palliative Care Guidelines](#) have been developed by a multidisciplinary group of professionals working in the community, hospital and specialist palliative care services throughout Scotland and are used in all Scottish Health Boards.
- The guidelines reflect a consensus of opinion about good practice in the management of adult patients with a life limiting illness.
- Guidelines on individual symptoms are available. Each page has some introductory information, links to related guidelines and web resources. The individual guidelines are in PDF format and can be downloaded or printed off.

History Notes

20/10/2020	Content migrated from LJF website.
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Chapter	Adult or Child	ERF or LJF (until future ERF chapter review)	Group	Condition	New content	Month of ERWG/ ERFC
Cardiovascular	Adult	ERF	Cardiovascular conditions	Hypercholesterolaemia	Primary prevention – cardiovascular disease. Edit to prescribing notes for statins in diabetes.	ERWG May 23
Cardiovascular	Child	ERF	Whole chapter	Whole chapter	Whole chapter	ERFC June 23
CNS	Child	LJF	Nausea and vertigo conditions	Treatment of gastric stasis	Updates to pathway for specialist initiation and unlicensed indication.	ERWG May 23
CNS	Adult	ERF	Pain related conditions	Trigeminal neuralgia	New pathway	ERWG March 23
CNS	Adult	ERF	Various	Various	Prochlorperazine 5mg/5ml oral solution discontinued	ERWG May 23
CNS	Adult	ERF	Various	Various	Diazemuls discontinued	ERWG May 23
CNS	Adult and Child	ERF	Epilepsy conditions	Epilepsy	Diazepam rectal tubes 2.5mg/1.25ml discontinued	ERWG May 23
CNS	Adult	ERF	Pain related conditions	Pain	Shortec liquid 1mg/ml oral solution discontinued	ERWG May 23
Ear, Nose and Oropharynx	Adult	ERF	Various	Various	Prochlorperazine 5mg/5ml oral solution discontinued	ERWG May 23
Endocrine	Adult	ERF	Diabetes Mellitus	Type 2	Dapagliflozin added and canagliflozin removed. Links added to information on GLP-1 shortage.	ERFC June 23
Endocrine system	Child	ERF	Endocrine	Diabetes Mellitus	GlucoMen LX beta-ketone testing strips discontinued	ERWG May 23
Endocrine system	Adult and Child	ERF	Endocrine	Pituitary gland	NorditropinSimpleXx 5mg/1.5ml solution for injection cartridges NorditropinSimpleXx 10mg/1.5ml solution for injection cartridges	ERWG May 23

					NorditropinSimpleXx 15mg/1.5ml solution for injection cartridges discontinued	
Endocrine system	Adult	ERF	Endocrine	Neuroendocrine tumours	Somatuline LA 30mg powder and solvent for suspension for injection vials discontinued	ERWG May 23
Endocrine system	Adult	ERF	Endocrine	Menopausal symptoms	Bijuve Added	ERFC March 23
Eye	Adult	ERF	Eye conditions	Uveitis	New pathway added for systemic treatments	ERWG March 23
Eye	Adult	ERF	Eye conditions	Dry eyes	Addition of sodium hyaluronate 0.2% eye drops preservative free	ERWG May 23
Gastro-intestinal system	Adult	ERF	Bowel disorders Ulcerative colitis / Inflammatory bowel disease	Treatment of ulcerative colitis with biologic and targeted synthetic DMARDs	Addition of Upadacitinib SMC2510, ERFC Feb23. Update to prescribing notes and pathway title.	ERWG March 23
Infection	Adult	ERF	Eye	Blepharitis	Updates to doxycycline dose information	ERWG May 23
Musculoskeletal and joint diseases	Adult	ERF	Musculoskeletal and joint diseases / Rheumatoid Arthritis	Treatment of rheumatoid arthritis with biologics and targeted synthetic DMARDs	Filgotinib (SMC2475) ERFC Feb 23 Pathway title and prescribing notes updated.	ERWG March 23
Musculoskeletal and joint diseases	Adult	ERF	Musculoskeletal and joint diseases	Familial Mediterranean Fever	Update to no current formulary approved treatments	ERWG May 23
Musculoskeletal and joint diseases	Adult	ERF	Musculoskeletal and joint diseases / Rheumatoid Arthritis	Systemic lupus erythematosus	Updates to formulary content for belimumab.	ERFC March 23
Musculoskeletal and joint diseases	Adult	ERF	Musculoskeletal and joint diseases	Ankylosing Spondylitis	Upadacitinib SMC 2480 added ERFC Nov 22 and pathway updates, title change to Axial Spondyloarthritis.	ERWG May 23

Nutrition and Blood	Adult	ERF	Whole chapter	Whole chapter	Whole chapter	ERFC Nov 2022
Nutrition and Blood	Adult	ERF	Nutrition	Coeliac adult and paediatric	Whole chapter updated	ERFC June 2023
Nutrition and blood	Child	LJF	Nutrition	Calcium and vitamin D deficiency	Calfovit D3 oral powder sachets discontinued	ERWG May 23
Obstetrics, gynaecology, and urinary-tract disorders	Adult	ERF	Genito-urinary	Benign prostatic hyperplasia	Combination treatment with 5 α -reductase inhibitor and alpha blocker Deleted Tamsulosin and dutasteride information note stating combination product currently more cost-effective. Combination product currently more expensive compared with individual tablets.	ERWG May 23
Obstetrics, gynaecology, and urinary-tract disorders	Adult	ERF	Genito-urinary	Erectile dysfunction	Viridal Duo Continuation Pack 20microgram powder and solvent for solution for injection cartridges and Viridal Duo Continuation Pack 40microgram powder and solvent for solution for injection cartridges discontinued	ERWG May 23
Obstetrics, gynaecology, and urinary-tract disorders	Adult	ERF	Gynaecology	Lichen sclerosis	Nerisone forte 0.3% ointment discontinued	ERWG May 23
Respiratory	Child	LJF	Respiratory disorders	Allergy	Emerade 150micrograms/0.15ml (1 in 1,000) solution for injection auto-injectors discontinued	ERWG May 23
Respiratory	Adult	ERF	Respiratory disorders	COPD	Trixeo aerosphere added and prescribing notes updated	ERWG May 23
Respiratory	Adult	ERF	Respiratory disorders	Asthma, additional add on therapies	Trimbow added and prescribing notes updated	ERWG May 23

Skin	Adult	ERF	Skin conditions	Treatment with topical corticosteroids combined with antimicrobials	Fluocinolone acetonide 0.025% / Clioquinol 3% cream and ointment discontinued	ERWG May 23
Wound care	Adult	ERF	Whole chapter	Various updates	Various changes to reflect board feedback. Most of the changes relate to clarification of the content rather changes to products. Changes include the addition/amendment of information notes, changes to section titles, clarification of Specialist Initiation flags and the addition of links to the Wound Care Handbook and Scottish Drug Tariff.	ERFC March 23

To review Formulary Decisions noted at the East Region Formulary Committee refer to the [Minutes of East Region Formulary Committee](#) or alternatively search [Formulary Decisions](#) with the relevant start date. See example below:

Formulary Decisions

Search for the outcome of decisions made by the Formulary Committee

Generic medicine name

Medicine brand name

Therapeutic area

Please select...



Start date

Wednesday December 16, 2020



End date



Source

Please select...



2020						
December						
S	M	T	W	T	F	S
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30	31		