



East Region Formulary



Summary of updates to East Region Formulary (ERF) website.

The purpose of this summary is to detail the main changes to the ERF. The website chapters should be referred to for full details. All of the amendments detailed appear on the new website platform which can be found here: formulary.nhs.scot/east/.

Note that there are a few remaining paediatric chapters on the new website platform for the East Region Formulary that are old Lothian recommendations awaiting review by representatives from the region.

TIPS: See the 'History Notes' for a brief description of the change and the date of the change, as in the example below.

A Treatment of pain in palliative care

Prescribing Notes:

- The [National Palliative Care Guidelines](#) have been developed by a multidisciplinary group of professionals working in the community, hospital and specialist palliative care services throughout Scotland and are used in all Scottish Health Boards.
- The guidelines reflect a consensus of opinion about good practice in the management of adult patients with a life limiting illness.
- Guidelines on individual symptoms are available. Each page has some introductory information, links to related guidelines and web resources. The individual guidelines are in PDF format and can be downloaded or printed off.

History Notes

20/10/2020	Content migrated from LJF website.
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Chapter	Adult or Child	ERF or LJF (until future ERF chapter review)	Group	Condition	New content	Month of ERWG/ ERFC
Anaesthesia	Adult	ERF	Peri-operative treatment	Central and respiratory depression > Reversal of local anaesthesia toxicity	Intralipid 20% bottles discontinued, replaced by bag.	ERWG Sept 23
Cardiovascular system	Adult	ERF	Cardiovascular conditions	Heart Failure > Management of heart failure under specialist advice	Revision of prescribing information including updates for SMC advice Empagliflozin SMC2523 ERFC June 23 and Dapagliflozin SMC2577 ERFC Aug 23.	ERWG Sept 23
Cardiovascular	Adult	ERF	Cardiovascular conditions	Oedema	Update to metolozone formulations	ERWG March 23
CNS	Adult	ERF	Various	Various	Addition of Venlafaxine MR tablets, currently more cost effective than Venlafaxine MR caps.	ERWG November 2023
CNS	Adult	ERF	Pain-related Conditions	Chronic pain (moderate to severe) – treatment with strong opioids	Addition of MST Continus 10mg, 30mg and 60mg tablet formulations	ERWG November 2023
CNS	Adult	ERF	Pain-related Conditions	Acute pain (moderate to severe) – treatment with strong opioids	Addition of MST continus 5mg, 10mg, 15mg, 30mg and 60mg tablet formulations	ERWG November 2023
CNS	Adult	ERF	Substance dependence	Opioid dependence > opioid maintenance prescribing options	Suboxone sublingual films discontinued	ERWG Sept 23

CNS	Adult	ERF	Pain related conditions	Migraine	Propranolol 10mg tablets added	ERWG Sept 23
CNS	Adult	ERF	Pain related conditions	Migraine	Rimegepant acute treatment SMC2521 added ERFC Aug 23	ERWG Sept 23
CNS	Adult	ERF	Neuromuscular disorders	Motor Neurone disease	New pathway	ERFC Aug 23
CNS	Adult	ERF	Psychoses and related disorders	Schizophrenia	Updates to paliperidone formulations.	ERWG July 23
CNS	Adult	ERF	Substance Dependence	Smoking cessation	Addition of nicotine 1mg lozenges	ERWG November 2023
CNS	Child	ERF	Epilepsy conditions, Epilepsy syndromes, Nausea and vertigo conditions, Neuro-muscular disorders, Pain related conditions, Poisoning, Substance dependence	New condition pages	New condition pages	ERFC October 2023
Endocrine system	Adult/child	ERF	Sex hormones	Hypogonadism	Testogel added due to supply shortage of alternatives	ERWG Sept 23
Endocrine	Adult	ERF	Diabetes Mellitus	Diabetes mellitus - type 2 > 3rd line medicines treatment	Ozempic brand name added	ERWG November 2023
Endocrine	Adult	ERF	Diabetes Mellitus	Diabetes Mellitus - diagnostic and monitoring agents	Dexcom One added	ERWG May 23
Eye	Adult	ERF	Eye conditions requiring specialist treatment	Age related macular degeneration	Update to pathway and addition of Faricimab SMC2512.	ERWG July 23

Eye	Adult	ERF	Eye conditions requiring specialist treatment	Macular oedema	Update to pathways and addition of Faricimab SMC2499.	ERWG July 23
Eye	Adult	ERF	Eye conditions requiring specialist treatment	Choroidal neovascularisation	New pathway	ERWG
Eye	Adult	ERF	Eye conditions	Glaucoma	ERFC add Timolol 1mg/g eye gel drops 0.4g preservative free unit dose	ERWG Sept 23
Gastrointestinal	Adult	ERF	Gastro-oesophageal disorders	GORD	Update to esomeprazole and lansoprazole formulations, addition of famotidine, and updates to prescribing notes.	ERWG May 23
Gastrointestinal	Adult	ERF	Bowel disorders	Crohn's disease> Severe active or active fistulising Crohn's disease	Addition of Upadactinib SMC2575, Ustekinumab SMC1250/17 and Vedolizumab SMC1064/15 and SMC2277, ERFC August 2023.	ERWG Sept 23
Gastrointestinal	Adult	ERF	Bowel disorders	Ulcerative colitis / Inflammatory bowel disease>Treatment of ulcerative colitis with biologic and targeted synthetic DMARDs	Addition of Ozanimod SMC2478 ERFC August 2023. Updates to the order of choices and addition of signposts to MHRA safety update and prescribing information on Janus Kinase (JAK) inhibitors.	ERWG Sept 23
Gastrointestinal	Adult	ERF	Colonic disorders	Chronic diarrhoea	Loperamide orodispersible tablets sugar free tagged as an unlicensed indication	ERWG Sept 23
Gastrointestinal	Adult	ERF	Colonic disorders	Constipation	Micolette enema discontinued	ERWG Sept 23
Gastrointestinal	Adult	ERF	Gastro-oesophageal disorders	Dyspepsia	Sucralfate 1g tablets are available as an unlicensed medicine	ERWG Sept 23

Gastrointestinal	Child	ERF	New chapter	New chapter	New chapter	ERFC Aug 23
Infection	Adult	ERF	Gastro-intestinal	Clostridioides difficile	Addition of Faecal microbiota transplant.	ERWG Sept 23
Malignant disease and immunosuppression	Adult	ERF	Malignant disease Urological cancer	Treatment of Prostate cancer - Endocrine therapies – specialist management	Revised and simplified formulary recommendations	ERWG May 23
Malignant disease and immunosuppression	Adult	ERF	Conditions and side-effects associated with malignancy	Hot flushes caused by androgen suppression for malignant disease	Cyproterone added, dosing information and prescribing notes updated.	ERWG May 23
Musculoskeletal and Joint pain	Adult	ERF	Musculoskeletal and joint diseases	Gout	Update of link to MHRA DSU for febuxostat	ERWG Sept 23
Nutrition & Blood	Adult	ERF	Blood	Iron deficiency anaemia> parenteral treatment of iron deficiency anaemia	Monofer debranded, formulation updated (ferric derisomaltose Pharmacosmos 100mg/ml).	ERWG November 2023
Obstetrics, gynaecology, and urinary-tract disorders	Adult	ERF	Gynaecology	Contraception	Gygel discontinued.	ERWG Sept 23
Obstetrics, Gynaecology & Urinary-tract Disorders	Adult	ERF	Gynaecology	Contraception> LARC-hormone releasing intra-uterine devices	Addition of Benilexa.	ERWG November 2023
Respiratory	Child	ERF	Whole Chapter	Whole Chapter	New chapter	ERFC August 23
Respiratory	Adult	ERF	Respiratory disorders	Asthma	Fostair removed replaced with Luforbec	ERWG Sept 23
Respiratory	Adult	ERF	Respiratory disorders	COPD	Fostair removed replaced with Luforbec	ERWG Sept 23

Respiratory	Adult	ERF	Respiratory Disorders	Asthma - additional add-on therapies	Addition of Trimbrow SMC2335.	ERWG November 2023
Respiratory	Adult	ERF	Respiratory Disorders	Pulmonary fibrosis	Addition of nintedanib: Ofev SMC2513.	ERWG November 2023
Skin	Adult	ERF	Skin conditions	Acne	Addition of trifarotene: Aklief SMC2441	ERWG Sept 23
Skin	Adult	ERF	Skin conditions	Autoimmune bullous disorders	New pathway autoimmune bullous disorders	ERWG May 23
Skin	Adult	ERF	Skin conditions	Eczema	Addition of mycophenolate mofetil for eczema	ERWG May 23
Skin	Adult	ERF	Skin conditions	Psoriasis	Correction of potency of diprosalic scalp application	ERWG May 23
Skin	Adult and child	ERF	Skin conditions	Warts	Addition of 26% salicylic acid gel	ERWG May 23
Wound Care	Adult	ERF	Wound Management	Wound Management Products	Removal of Askian Calgitrol AG dressing 15 x 15cm square dressing because of discontinuation. Addition of Kliniderm Foam Silicone Sacrum Border various sizes.	ERWG November 2023
Various	Pharmacy first	ERF	Various	Various	Addition of Paracetamol 120mg/5ml oral suspension paediatric as an alternative when sugar free formulation is unavailable due to supply shortage. Addition of: Mandanol 0.9% nasal drops, olopatadine 1mg/ml eye drops, fexofenadine 120mg tablets, Mometasone 50micrograms/dose nasal spray. Updates for Pharmacy First Hayfever PGDs.	ERWG Sept 23

To review Formulary Decisions noted at the East Region Formulary Committee refer to the [Minutes of East Region Formulary Committee](#) or alternatively search [Formulary Decisions](#) with the relevant start date. See example below:

Lothian Joint Formulary

Search

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Formulary Decisions

Search for the outcome of decisions made by the Formulary Committee

Generic medicine name

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Start date

Wednesday December 16, 2020

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