






NHS Lothian

Enteral Tube Feed Products

January 2025

/1 /2 etc.	First line, second line, etc. choice(s) within the pathway
	Key information to note for these recommendations
	Specialist Initiation: may be continued in a primary care setting
	Specialist Use Only: must only be prescribed by a specialist
	Unlicensed Medicine: a medicine with no UK marketing authorisation
	Unlicensed Indication: licensed medicine being used outside the terms of its licence



Group	Nutrition
Condition	Malnourishment

Pathway 1	Treatment with Enteral Tube Feed
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/1

i	First Line
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Nutrison Energy Multifibre SI	Nutrison Energy Multifibre Liquid	
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/2

i	Fibre Free
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Nutrison Energy SI	Nutrison Energy Liquid	
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OR

i	High Protein with fibre
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Nutrison Protein Plus Multifibre SI	Nutrison Protein Plus Multifibre Liquid	
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OR

i	High Protein, fibre free
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Nutrison Protein Plus SI	Nutrison Protein Plus Liquid	
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OR

i	Low Requirements
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Nutrison 1200 Complete Multifibre SI	Nutrison 1200 Complete Multifibre Liquid	
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OR

i Bolus with Fibre

Fresubin 2kcal Fibre	SI	Fresubin 2kcal Fibre Drink	
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OR

i Bolus, Fibre free

Fortisip 2kcal	SI	Fortisip 2kcal liquid	
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/3

i Peptide

Peptamen HN	SI	Peptamen HN liquid	
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Prescribing notes

- For more information enteral tube feeding please see [Enteral Tube Feeding](#)