



East Region Formulary



Summary of updates to East Region Formulary (ERF) website.

The purpose of this summary is to detail the main changes to the ERF. The website chapters should be referred to for full details. All of the amendments detailed appear on the new website platform which can be found here: formulary.nhs.scot/east/.

Note that there are a few remaining paediatric chapters on the new website platform for the East Region Formulary that are old Lothian recommendations awaiting review by representatives from the region.

TIPS: See the 'History Notes' for a brief description of the change and the date of the change, as in the example below.

A Treatment of pain in palliative care

Prescribing Notes:

- The [National Palliative Care Guidelines](#) have been developed by a multidisciplinary group of professionals working in the community, hospital and specialist palliative care services throughout Scotland and are used in all Scottish Health Boards.
- The guidelines reflect a consensus of opinion about good practice in the management of adult patients with a life limiting illness.
- Guidelines on individual symptoms are available. Each page has some introductory information, links to related guidelines and web resources. The individual guidelines are in PDF format and can be downloaded or printed off.

History Notes

20/10/2020	Content migrated from LJF website.
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Chapter	Adult or Child	ERF or LJF (until future ERF chapter review)	Group	Condition	New content	Month of ERWG/ ERFC
Anaesthesia	Child	ERF	Various	Various	Paracetamol 60mg suppositories discontinued	ERWG July 2024
Anaesthesia	Adult	ERF	General anaesthesia	Induction and maintenance of anaesthesia > Analgesia using inhaled anaesthetics	Methoxyflurane: Pentrox added for Specialist-Use Only in the Emergency department	ERWG May 2024
Cardiovascular	Adult	ERF	Acute coronary syndrome	Secondary prevention - statin intolerance and secondary prevention with statin	Ezetimibe > removal of SI flag, additional prescribing note added	ERFC February 2024
Cardiovascular	Adult	ERF	Cardiovascular conditions	Atrial fibrillation	Apixaban and Edoxaban rearranged in alphabetical order	ERWG July 2024
CNS	Adult	ERF	Pain related conditions	Migraine	Addition of Atogepant SMC2599 and Rimegepant SMC2603	ERFC December 2023
CNS	Adult	ERF	Anxiety disorders	Various	SIGN169 perinatal mental health conditions guideline, internal link to pregnancy>prescribing in pregnancy added to relevant prescribing notes	ERWG January 2024

CNS	Adult	ERF	Bipolar Disorder	Maintenance treatment of bipolar disorder	Updated prescribing information as a result of MHRA DSU Nov 23	ERFC May 2024
CNS	Adult	ERF	Epilepsy Conditions	Epilepsy	Updated prescribing information as a result of MHRA DSU Nov 23	ERFC May 2024
CNS	Child	ERF	Epilepsy Conditions	Epilepsy	Updated prescribing information as a result of MHRA DSU Nov 23	ERFC May 2024
CNS	Child	ERF	Epilepsy Syndromes	Dravet Syndrome and Lennox-Gastaut Syndrome	Updated prescribing information as a result of MHRA DSU Nov 23	ERFC May 2024
CNS	Adult	ERF	Movement disorders	Parkinson's disease	Apomorphine: Dacepton added	ERWG May 2024
CNS	Adult	ERF	Multiple Sclerosis	Multiple Sclerosis	Pathway 2 – update to formulation details for Dimethyl Fumerate and Teriflunomide Pathway 3 – Update to prescribing note	ERFC February 2024
Endocrine	Adult	ERF	Diabetes Mellitus	Diabetes Mellitus - diagnostic and monitoring agents	Accu-chek instant testing strips added	ERFC December 2023

Endocrine	Adult	ERF	Pituitary gland	Growth hormone deficiency	Norditropin NordiFlex 5mg/1.5ml solution for injection pre-filled pens (Novo Nordisk Ltd), pre-filled disposable injection, 10mg/1.5ml solution, and 15mg/1.5ml solution for injection pre-filled pens (Novo Nordisk Ltd) removed due to discontinuation	ERWG May 2024
Endocrine	Adult & Child	ERF	Diabetes Mellitus	Various	Insulatard InnoLet 100units/ml suspension for injection 3ml pre-filled pens and Levemir InnoLet 100units/ml solution for injection 3ml pre-filled pens to be removed as discontinued	ERWG May 2024
Endocrine	Adult	ERF	Sex Hormones	Menopausal symptoms > low sexual desire in postmenopausal females	New 'Low sexual desire in menopausal women' pathway created	ERWG July 2024
Eye	Adult	ERF	Eye conditions	Treatment of Severe Dry Eye	Addition of Cationorm Eye Drops	ERWG July 2024
Eye	Adult	ERF	Glaucoma	Step 1 treatment of raised intra-ocular pressure with prostaglandin analogues	Addition of Travoprost preservative free eye drops	ERWG July 2024
Gastro-intestinal	Adult	ERF	Ulcerative colitis / Inflammatory bowel disease	Mild to moderate exacerbation of disease above the rectosigmoid and Maintenance	Pentasa Modified Release Granule Sachets added	ERWG May 2024

				of remission of ulcerative colitis		
Gastro-intestinal	Child	ERF	Bowel disorders	Crohn's disease > Severe active or active fistulising Crohn's disease	Risankizumab (Skyrizi [®]) added second-line line alongside Ustekinumab	ERWG July 2024
Malignant disease and immunosuppression	Adult	ERF	Bone metabolism	Osteoporosis	Zoledronic acid added for treatment of osteoporosis in men and women post low-trauma hip fracture	ERFC October 2023
Malignant disease and immunosuppression	Adult	ERF	Conditions and side-effects associated with malignancy	Bone issues associated with malignancy	SUO flag added to Zoledronic Acid	ERWG May 2024
Malignant disease and immunosuppression	Adult	ERF	Immunosuppression	Solid Organ Transplant	Renal transplant, combined renal and pancreas transplant, and Islet transplant: Addition of Dailiport 0.5mg, 1mg, 3mg, and 5mg modified-release capsules	ERFC March 2024
Musculoskeletal and joint pain	Adult	ERF	Musculoskeletal and joint pain	Psoriatic arthritis	Correction of flag change from SUO to SI for Methotrexate, Leflunomide, and Sulphasalazine	ERWG May 2024
Obstetrics, gynaecology, and urinary-tract disorders	Adult	ERF		Various	Hyperlink to this guideline added to the condition pathways for anxiety disorder, depression, neuropsychological disorders, and psychosis and related disorders for further information regarding perinatal mental health.	ERWG January 2024

Respiratory	Adult	ERF	Bronchiectasis	Treatment with mucolytics	Addition of alternative Acetylcysteine 600mg effervescent tablet formulations	ERWG July 2024
Skin	Adult & Child	ERF	Parasite infections	Scabies	Addition of Ivermectin tablets	ERFC March 2024
Skin	Adult	ERF	Specialist dermatology management	Treatment of autoimmune bullous dermatoses	Addition of Rituximab	ERFC March 2024
Skin	Adult	ERF	Psoriasis	Alternative systemic treatment of chronic plaque psoriasis	Addition of Deucravacitinib SMC2581	ERFC February 2024
Wound Management	Adult	ERF	Wound management	Wound management products	Wound-care updates – Tegaderm foam (non-adhesive), Aquacel Form (adhesive), Tegaderm Form (adhesive) and Aquacel Foam (non-adhesive) dressings	ERFC March 2024
Wound Management	Adult	ERF	Wound management	Antimicrobial wound management products > Antimicrobial dressings – iodine based	Update to final prescribing note	ERWG July 2024
Wound Management	Adult	ERF	Wound management	Wound management products	Broken link to SDT fixed	ERWG May 2024

To review Formulary Decisions noted at the East Region Formulary Committee refer to the [Minutes of East Region Formulary Committee](#) or alternatively search [Formulary Decisions](#) with the relevant start date. See example below:

Lothian Joint Formulary

Search

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Formulary Decisions

Search for the outcome of decisions made by the Formulary Committee

Generic medicine name

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Therapeutic area

Please select...

Start date

Wednesday December 16, 2020

End date

Source

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2020

December

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