

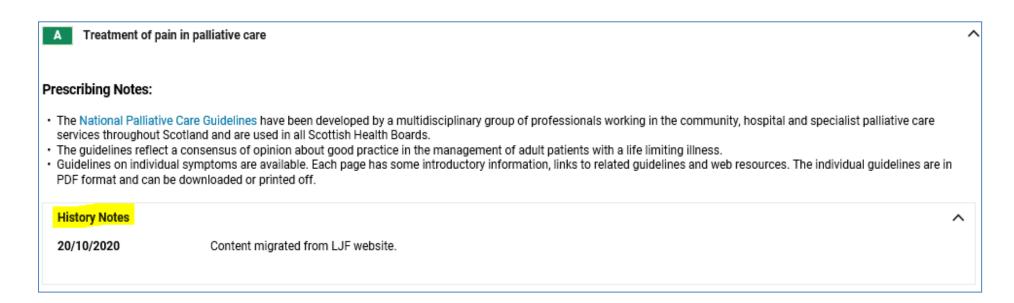


Summary of updates to Lothian Joint Formulary (LJF) and East Region Formulary (ERF) website.

The purpose of this summary is to detail the main changes to the ERF/LJF sections. The website chapters should be referred to for full details. All of the amendments detailed appear on the new website platform which can be found here: formulary.nhs.scot/east/.

Note that the formulary recommendations on the new website platform for the East Region Formulary are currently Lothian recommendations only. For users in Fife go to the Fife Formulary website. For users in Borders go to the NHS Borders and East Region Formulary website.

TIPS: See the 'History Notes' for a brief description of the change and the date of the change, as in the example below.



| Chapter | Adult or Child | ERF or LJF (until future ERF chapter review) | Group | Condition | New content | Month of ERWG/ ERFC approval of edit |
|------------------------------------|-------------------|--|------------------------------------|-------------------------------|---|--|
| Cardiovascular system | Adult | ERF | Cardiovascular conditions | Heart failure | Losartan dose edited to reflect BNF. | ERWG Nov 22 |
| Cardiovascular system | Adult | ERF | Cardiovascular conditions | Oedema | Information added to highlight differences in bioavailability between metolazone formulations. | ERWG Nov 22 |
| Cardiovascular system | Adult | ERF | Cardiovascular conditions | Peripheral arterial disease | Change to aspirin dispersible tablets. | ERWG Nov 22 |
| Cardiovascular system | Child | LJF | Cardiovascular conditions | Venous thromboembolism | Addition of rivaroxaban and dalteparin and updates to prescribing notes | ERWG Nov 22 |
| Central nervous system | Child | LJF | Disorders of sleep | Insomnia | Chloral hydrate dose and guidance changed. Prescribing notes updated. | ERWG Nov 22 |
| Central nervous system | Child | LJF | Pain related conditions | Migraine | Prophylaxis of migraine, propranolol oral solution strength limited to 5mg/5ml to align with other sections. | ERWG Nov 22 |
| Endocrine system | Adult | ERF | Diabetes Mellitus | Hypoglycaemia | Updates to prescribing notes | ERWG Nov 22 |
| Infections | Adult | ERF | Urinary tract | Urinary tract infection (UTI) | Addition of link to SIGN 160 - Management of suspected bacterial lower urinary tract infection in adult women. Change to pivmecillinam duration for lower UTI in men. | ERWG Nov 22 |
| Infection | Child | LJF | Ear, nose, and oropharynx | Sore Throat | Updated phenoxymethylpenicillin duration information and prescribing notes | Co-chair approval Dec 22 |
| Musculoskeletal and joint diseases | Adult | ERF | Musculoskeletal and joint diseases | Systemic lupus erythematosus | Updates to belimumab in line with SMC approvals | ERWG Nov 22 |
| Respiratory system | Adult | ERF | Respiratory disorders | Bronchiectasis | Updated sodium chloride inhalation solution options. | ERWG Nov 22 |
| Respiratory system | Adult | ERF | Respiratory disorders | Cystic fibrosis | Updated sodium chloride inhalation solution options. | ERWG Nov 22 |

| Respiratory system | Adult | ERF | Respiratory disorders | Pulmonary fibrosis | Switch from brand to generic pirfenidone for treatment of idiopathic pulmonary fibrosis. Updated prescribing notes and addition of prednisolone and mycophenolate mofetil for treatment of chronic fibrosing interstitial lung disease. | ERWG Nov 22 |
|--------------------|-------|-----|--------------------------|-------------------------|---|----------------|
| Skin | Adult | ERF | Skin conditions | Acne | Treatment of severe acne (specialist supervision only treatment). Update to prescribing notes on prescribing of oral retinoids. | ERWG Nov 22 |
| Skin | Adult | ERF | Skin conditions | Dermatitis - contact | Urea containing emollients. Addition of dermatonics once heel balm. | ERWG Nov 22 |
| Skin | Adult | ERF | Skin conditions | Dermatitis - contact | Emollients (Specialist circumstances) Addition of emolin aerosol spray to replace dermamist spray. | ERWG Nov 22 |
| Skin | Adult | ERF | Skin conditions | Eczema | Urea containing emollients. Addition of dermatonics once heel balm. | ERWG Nov 22 |
| Skin | Adult | ERF | Skin conditions | Eczema | Emollients (Specialist circumstances) Addition of emolin aerosol spray to replace dermamist spray. | ERWG Nov 22 |
| Skin | Adult | ERF | Skin conditions | Eczema | Systemic therapies in the treatment of moderate to severe eczema and atopic dermatitis. Update to prescribing notes on prescribing of oral retinoids. | ERWG Nov 22 |

To review Formulary Decisions noted at the East Region Formulary Committee refer to the Minutes of East Region Formulary Committee or alternatively search Formulary Decisions with the relevant start date. See example below:

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