



East Region Formulary



Summary of updates to Lothian Joint Formulary (LJF) and East Region Formulary (ERF) website.

The purpose of this summary is to detail the main changes to the ERF/LJF sections. The website chapters should be referred to for full details.

All of the amendments detailed appear on the new website platform which can be found here: formulary.nhs.scot/east/.

Note that the formulary recommendations on the new website platform for the East Region Formulary are currently Lothian recommendations only. For users in Fife go to the [Fife Formulary website](#). For users in Borders go to the [NHS Borders and East Region Formulary website](#).

TIPS: See the 'History Notes' for a brief description of the change and the date of the change, as in the example below.

A Treatment of pain in palliative care

Prescribing Notes:

- The [National Palliative Care Guidelines](#) have been developed by a multidisciplinary group of professionals working in the community, hospital and specialist palliative care services throughout Scotland and are used in all Scottish Health Boards.
- The guidelines reflect a consensus of opinion about good practice in the management of adult patients with a life limiting illness.
- Guidelines on individual symptoms are available. Each page has some introductory information, links to related guidelines and web resources. The individual guidelines are in PDF format and can be downloaded or printed off.

History Notes

20/10/2020	Content migrated from LJF website.
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Chapter	Adult or Child	ERF or LJF (until future ERF chapter review)	Group	Condition	New content	Month of ERWG/ ERFC approval of edit
Cardiovascular system	Adult	ERF	Cardiovascular conditions	Heart failure	Losartan dose edited to reflect BNF.	ERWG Nov 22
Cardiovascular system	Adult	ERF	Cardiovascular conditions	Oedema	Information added to highlight differences in bioavailability between metolazone formulations.	ERWG Nov 22
Cardiovascular system	Adult	ERF	Cardiovascular conditions	Peripheral arterial disease	Change to aspirin dispersible tablets.	ERWG Nov 22
Cardiovascular system	Child	LJF	Cardiovascular conditions	Venous thromboembolism	Addition of rivaroxaban and dalteparin and updates to prescribing notes	ERWG Nov 22
Central nervous system	Child	LJF	Disorders of sleep	Insomnia	Chloral hydrate dose and guidance changed. Prescribing notes updated.	ERWG Nov 22
Central nervous system	Child	LJF	Pain related conditions	Migraine	Prophylaxis of migraine, propranolol oral solution strength limited to 5mg/5ml to align with other sections.	ERWG Nov 22
Endocrine system	Adult	ERF	Diabetes Mellitus	Hypoglycaemia	Updates to prescribing notes	ERWG Nov 22
Infections	Adult	ERF	Urinary tract	Urinary tract infection (UTI)	Addition of link to SIGN 160 - Management of suspected bacterial lower urinary tract infection in adult women. Change to pivmecillinam duration for lower UTI in men.	ERWG Nov 22
Infection	Child	LJF	Ear, nose, and oropharynx	Sore Throat	Updated phenoxymethylpenicillin duration information and prescribing notes	Co-chair approval Dec 22
Musculoskeletal and joint diseases	Adult	ERF	Musculoskeletal and joint diseases	Systemic lupus erythematosus	Updates to belimumab in line with SMC approvals	ERWG Nov 22
Respiratory system	Adult	ERF	Respiratory disorders	Bronchiectasis	Updated sodium chloride inhalation solution options.	ERWG Nov 22
Respiratory system	Adult	ERF	Respiratory disorders	Cystic fibrosis	Updated sodium chloride inhalation solution options.	ERWG Nov 22

Respiratory system	Adult	ERF	Respiratory disorders	Pulmonary fibrosis	Switch from brand to generic pirfenidone for treatment of idiopathic pulmonary fibrosis. Updated prescribing notes and addition of prednisolone and mycophenolate mofetil for treatment of chronic fibrosing interstitial lung disease.	ERWG Nov 22
Skin	Adult	ERF	Skin conditions	Acne	Treatment of severe acne (specialist supervision only treatment). Update to prescribing notes on prescribing of oral retinoids.	ERWG Nov 22
Skin	Adult	ERF	Skin conditions	Dermatitis - contact	Urea containing emollients. Addition of dermatonics once heel balm.	ERWG Nov 22
Skin	Adult	ERF	Skin conditions	Dermatitis - contact	Emollients (Specialist circumstances) Addition of emolin aerosol spray to replace dermamist spray.	ERWG Nov 22
Skin	Adult	ERF	Skin conditions	Eczema	Urea containing emollients. Addition of dermatonics once heel balm.	ERWG Nov 22
Skin	Adult	ERF	Skin conditions	Eczema	Emollients (Specialist circumstances) Addition of emolin aerosol spray to replace dermamist spray.	ERWG Nov 22
Skin	Adult	ERF	Skin conditions	Eczema	Systemic therapies in the treatment of moderate to severe eczema and atopic dermatitis. Update to prescribing notes on prescribing of oral retinoids.	ERWG Nov 22

To review Formulary Decisions noted at the East Region Formulary Committee refer to the [Minutes of East Region Formulary Committee](#) or alternatively search [Formulary Decisions](#) with the relevant start date. See example below:

Formulary Decisions

Search for the outcome of decisions made by the Formulary Committee

Generic medicine name

Medicine brand name

Therapeutic area

Please select...



Start date

Wednesday December 16, 2020



End date



Source

Please select...



2020						
December						
S	M	T	W	T	F	S
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30	31		