



East Region Formulary



Summary of updates to Lothian Joint Formulary (LJF) and East Region Formulary (ERF) website.

The purpose of this summary is to detail the main changes to the ERF/LJF sections. The website chapters should be referred to for full details.

All of the amendments detailed appear on the new website platform which can be found here: formulary.nhs.scot/east/.

Note that the formulary recommendations on the new website platform for the East Region Formulary are currently Lothian recommendations only. For users in Fife go to the [Fife Formulary website](#). For users in Borders go to the [NHS Borders and East Region Formulary website](#).

TIPS: See the 'History Notes' for a brief description of the change and the date of the change, as in the example below.

A Treatment of pain in palliative care

Prescribing Notes:

- The [National Palliative Care Guidelines](#) have been developed by a multidisciplinary group of professionals working in the community, hospital and specialist palliative care services throughout Scotland and are used in all Scottish Health Boards.
- The guidelines reflect a consensus of opinion about good practice in the management of adult patients with a life limiting illness.
- Guidelines on individual symptoms are available. Each page has some introductory information, links to related guidelines and web resources. The individual guidelines are in PDF format and can be downloaded or printed off.

History Notes

20/10/2020	Content migrated from LJF website.
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Chapter	Adult or Child	ERF or LJF (until future ERF chapter review)	Group	Condition	New content	Month of ERWG/ ERFC approval of edit
Cardiovascular system	Adult	ERF	Cardiovascular conditions	Heart failure	Empagliflozin SMC2396 added, ERFC Sept 22	ERWG Jan 23
Cardiovascular system	Adult	ERF	Cardiovascular conditions	Hypercholesterolaemia	Inclisiran SMC2358 added, ERFC Sept 22	ERWG Jan 23
Central nervous system	Adult	ERF	Neuromuscular disorders	Muscle Spasticity	Sativex SMC2473 added	ERFC Nov 22
Endocrine system	Adult	ERF	Bone metabolism	Osteoporosis	Alendronic acid effervescent tablets, update to directions and related pathway updates	ERFC Nov 22
Endocrine system	Adult	ERF	Endocrine	Acromegaly and Neuroendocrine tumours	Addition of sandostatin LAR due to current supply disruption with alternative product	ERWG Jan 23
Eye	Adult	ERF	Eye	Age-related macular degeneration	Addition of Eylea solution for injection pre-filled syringes	ERWG Jan 23
Eye	Adult	ERF	Eye	Macular oedma	Addition of Eylea solution for injection pre-filled syringes	ERWG Jan 23
Gastrointestinal	Adult	ERF	Colonic disorders	Diarrhoea	Loperamide oral solution discontinued, changes to formulations and update to prescribing notes	ERFC Co-chair approval Jan 23
Gastrointestinal	Adult	ERF	Bowel disorders	Short bowel syndrome	New pathway including loperamide, PPIs, codeine and octreotide.	ERWG Jan 23
Gastrointestinal	Child	LJF	Colonic disorders	Diarrhoea	Loperamide oral solution discontinued, changes to formulations and update to prescribing notes	ERFC Co-chair approval Jan 23
Gastrointestinal	Child	LJF	Bowel disorders	Short bowel syndrome	Loperamide oral solution discontinued, changes to	ERFC Co-chair

					formulations and update to prescribing notes	approval Jan 23
Infections	Adult	ERF	Gastro-intestinal	Clostridioides difficile	Condition pathway updated to reflect SAPG antimicrobial recommendations	ERWG Jan 23
Infection	Child	LJF	Ear, nose and oropharynx	Sore throat	Edit to antibiotic durations and prescribing notes for phenoxymethylpenicillin (Dec 22 with ERFC co-chair approval) clarithromycin (ERWG Jan 23).	ERFC Feb 23
Malignant disease and immunosuppression	Adult	ERF	Whole chapter	Whole Chapter	Whole chapter	ERFC Jan 23
Obstetrics, gynaecology, and urinary-tract disorders	Adult	ERF	Gynaecology	Uterine fibroids	New pathway including Ryeqo SMC2442 added, ERFC July 22	ERWG Jan 23
Respiratory system	Adult	ERF	Respiratory disorders	Asthma	Fostair 200/6 dose correction	ERFC Feb 23
Skin	Adult	ERF	Skin conditions	Dermatitis -contact	Remove discontinued hydrous ointment	ERWG Jan 23
Skin	Adult	ERF	Skin conditions	Eczema	Remove discontinued hydrous ointment	ERWG Jan 23
Skin	Adult	ERF	Skin conditions	Psoriasis	Systemic therapies in the treatment of psoriasis – initial systemic therapies. Update to prescribing notes on prescribing of oral retinoids.	ERWG Jan 23
Wound care	Adult	ERF	Whole chapter	Whole Chapter	Whole chapter	ERFC Nov 22

To review Formulary Decisions noted at the East Region Formulary Committee refer to the [Minutes of East Region Formulary Committee](#) or alternatively search [Formulary Decisions](#) with the relevant start date. See example below:

Formulary Decisions

Search for the outcome of decisions made by the Formulary Committee

Generic medicine name

Medicine brand name

Therapeutic area

Please select...



Start date

Wednesday December 16, 2020



End date



Source

Please select...



2020						
December						
S	M	T	W	T	F	S
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30	31		